



# Newsletter

## Summer 2025

Above:

One of two new operating tables  
provided by the Friends.

*L to R: Remy Perrott, Charlotte Stoner, Malcolm  
McFall, Jay Marana, Andrea Jamieson*

*On the table: An anonymous "patient" in scrubs!*

**It has been a busy time for the Friends of  
Worthing Hospitals, so we thought we  
should update the community with news  
of recent events**

The Friends are formally known as 'The League of  
Worthing Hospitals and Community Friends'  
Registered Charity Number 208291

The Annual General Meeting of the Friends of Worthing Hospitals was held in June. The production of the annual report was made possible by the cooperation we received from Connect Media (Sussex) Ltd of Lancing, who were able to arrange printing at short notice.

The trustees receive many bids for funding. A recent one was by Malcolm McFall, Consultant Colorectal Surgeon and Nick Jarrett, Head of Theatres. They presented a bid for two new Hillrom PST500 Operating Tables.



*Hillrom PST500 Operating Table*

These tables will be used as part of the new centre of excellence for colorectal surgery as well as for some general surgical purposes. They will result in a significant improvement in working conditions and productivity by the operating staff. The bid was carefully considered and approved, and a transfer of

funds of £71,990 was authorised. The new operating tables were supplied in mid-July.

Another interesting bid was brought by Sam McKinnon, a Diabetes Specialist Dietician, for new chairs, tables and minor equipment to refurbish the Diabetes Centre. This area has high usage, and the furniture is showing signs of wear. Sam gave a very full, well-evidenced and fascinating presentation which demonstrated that there would be considerable benefit to both patients and staff of the Diabetes Centre. The Trustees authorised a transfer of up to £17,000 to provide the requested equipment.

These are just two examples of the many bids received and approved by the Trustees.



*Ultrakart Mobile Beverage Cart provided by Friends of Worthing Hospitals*

A fundamental part of the operation are the retail services operated on behalf of the Friends. The shop and café, located near the North Wing Entrance, and the ward trolleys all provide a vital service that is

excellent value and provides a steady stream of income to our funds. A hot drinks machine is available, and a new cold drinks vending machine is to be installed imminently, both providing 24-hour service. As well as consumables, magazines, etc, the shop will also be selling hospital essentials such as slippers, grabber sticks and items of use when patients are discharged from the hospital.



*A ward trolley being prepared in the Friends Shop*

As always, change takes place rapidly, and the Chair of the Trustees is in frequent meetings with the Chair of the Trust, with the Chairs of the other Friends groups, and with the Chair of the My Hospital Charity.

We continually welcome new volunteers to join our team. Additional support is particularly needed in the shop, café, and on the ward trolleys.

As well as the profits from the retail operation, we are incredibly pleased to receive donations, gifts and legacies.

Please be assured that all the funds we receive and generate are used for the well-being of Patients, Relatives, Staff and Visitors in all the following locations:

- Worthing Hospital
- Forget Me Not Unit
- Meadowfield
- Salvington Lodge
- Selden Centre
- Shepherd House



*Every day is a busy day at the Friends Cafe*

Very importantly, more candidates for Trustee are needed. The qualities required are integrity, self-motivation, and an interest in supporting the Worthing Hospitals, their staff and patients. Trustees are expected to facilitate hospital staff in completing bids, and to answer web site queries and emails. We are in especial need to appoint a suitable person as honorary secretary. If this is a role that would suit you, please contact us using the form overleaf.



*The day's food selection on display at the Friends Cafe*

### Support your local Worthing Hospitals charity

Everything you buy in our North Wing Cafe & shop directly contributes to the Charity's funds. We use the money to help patients, staff and visitors.

The cafe & shop are open: Mon to Fri 7am - 5pm & Sat 9am - 4pm

You can support us in other ways by donating or by volunteering, raising funds, sponsoring activities or becoming a Trustee of the charity. To contact us, send this completed form to our secretary or email the Secretary at: [secretary@friendswlh.org.uk](mailto:secretary@friendswlh.org.uk)

**(Please print all information clearly)** My details are:

Full Name: Mr/Ms/Miss/Mrs.....

Address: .....

Postcode ..... Email Address .....

**Please tick as appropriate:**

- |   |   |
|---|---|
| <input type="radio"/> An easy payment by bank transfer to:<br>Friends of Worthing Hospitals<br>Bank Sort Code: 40 - 47 - 25 Account No:<br>71829467 (including a reference name if appropriate) | <input type="radio"/> Send a cheque payable to:<br>"Friends of Worthing Hospitals" to:<br>The Secretary,<br>Friends of Worthing Hospitals,<br>c/o The Friends Café, North Wing,<br>Worthing Hospital, Lyndhurst Road,<br>WORTHING, BN11 2DH |
| <input type="radio"/> Donate through our Just Giving page   |   |

**GIFT AID DECLARATION:** Boost your donation by 25p of Gift Aid for every £1 you donate. Gift Aid is reclaimed by the charity from the tax you pay for the current year. Your address is needed to identify you as a current UK taxpayer.

I confirm that I would like my donation to **THE FRIENDS OF WORTHING HOSPITALS** (Charity Number 208291) to be treated as a Gift Aid donation. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Signature ..... Date .....

**Data Protection Act 1998:** Please note that the charity uses computer systems to record membership information. Under the Data Protection Act 1998, it is necessary for you to be informed of this. Further details can be found on our website [www.friendswlh.org.uk](http://www.friendswlh.org.uk)

**Registered Charity Number 208291**